

# American Board of Psychiatry and Neurology, Inc.

A Member Board of the American Board of Medical Specialties (ABMS)

# 2019

# Annual Report

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# 2019 ABPN Board of Directors



Front row left to right: Drs. Allison Brashear, Andrea Stolar, J. Clay Goodman (Board Chair), Larry Faulkner (President/CEO), Robert Golden (Vice Chair), Paramjit Joshi, and John Bodensteiner. Second row left to right: Drs. Robert Boland, Josepha Cheong, Steven Lewis, Jeffrey Lyness, Terrence Cascino, Christopher Thomas, Nina Schor, Joan Anzia and Imran Ali. Not pictured: Dr. Amy Brooks-Kayal

# **Executive Committee**

Board Chair

J. Clay Goodman, MD

**Board Vice Chair** Robert Golden, MD

**Board Secretary** 

Paramjit Joshi, MD

**Board Treasurer** 

Christopher Thomas, MD

Board Member-at-Large John Bodensteiner, MD

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**Board Member-at-Large** Allison Brashear, MD

# **Psychiatry Directors**

Robert Golden, MD Chair, Psychiatry Council Madison, WI

Joan Anzia, MD Chicago, IL

Robert Boland, MD Boston, MA

Josepha Cheong, MD Gainesville, FL

Paramjit Joshi, MD Irvine, CA

Jeffrey Lyness, MD Rochester, NY

Andrea Stolar, MD Houston, TX

Christopher Thomas, MD Galveston, TX

# **Neurology Directors**

J. Clay Goodman, MD Chair, Neurology Council Houston, TX

Imran Ali, MD Toledo, OH

John Bodensteiner, MD Scottsdale, AZ

Allison Brashear, MD, MBA Winston-Salem, NC

Amy Brooks-Kayal, MD Aurora, CO

Terrence Cascino, MD Rochester, MN

Steven Lewis, MD Allentown, PA

Nina Schor, MD, PhD Bethesda, MA



# Philosophical Tenets Concerning Physician Competence and Lifelong Learning

By Larry R. Faulkner, MD, ABPN President and CEO

The world of healthcare is in an era of tremendous change and stress, buffeted from all sides by competing forces trying to respond to concerns about the rising costs of medical care, patient safety and medical errors, and the transparency of information about the competence of physicians. Organizations like the American Board of Psychiatry and Neurology (ABPN) and the other Member Boards of the American Board of Medical Specialties (ABMS) are in the middle of this change and stress. On the one hand, we are being encouraged by some organizations that credential and pay physicians to increase our assessment of the ongoing competence of our diplomates. On the other hand, some of our busy and overwhelmed diplomates are demanding that we make our continuing certification requirements less rigorous. The ABPN has tried to strike a balance between these two perspectives and develop a Continuing Certification Program that is credible enough to satisfy calls for the improved documentation of physician competence yet also straightforward and reasonable enough to satisfy our diplomates. Admittedly, this balance is at times difficult to achieve. Perhaps the fact that neither group seems entirely satisfied suggests that we are close to an acceptable compromise.

During a time of stress and calls for change in any program, it is important for an organization to understand and maintain adherence to basic philosophical tenets that guide that program. This preserves the credibility of the organization and its programs and enables the organization to resist the political pressures that inevitably come its way.

There are at least ten basic tenets concerning physician competence and lifelong learning that underlie and support the ABPN Continuing Certification Program.

- **1. Professionalism is the foundation of all other physician competence.** This is the basis for the requirement that diplomates maintain a clear, unrestricted license to practice medicine.
- 2. Without lifelong learning, physician competence tends to deteriorate over time. This established fact is the basis for the requirement that diplomates document their involvement in a program of lifelong learning.
- **3. Continuous lifelong learning is necessary to maintain physician competence.** This is the basis for the requirement that diplomates attest to their participation in lifelong learning at least every three years.
- 4. Objective self-assessment is necessary to determine deficiencies in physician competence that can guide subsequent

**lifelong learning activities.** This established fact is the basis for the requirement that diplomates complete an objective self-assessment process at least every three years.

- **5. Relevant medical knowledge is an important component of physician competence.** This is the basis for the requirement that diplomates undergo a process at least every ten years to document that they possess sufficient medical knowledge to provide quality patient care.
- **6. Effective communication is an important component of physician competence.** This is the basis for the requirement that feedback modules assess the ability of diplomates to communicate effectively.
- **7.** Physician competence must be demonstrated in clinical practice. This is the basis for the requirement that improvement in medical practice activities provide diplomates with feedback about their clinical performance at least every three years.
- 8. Important aspects of physician competence can be documented in a variety of ways by different institutions. This is the basis for providing diplomates with continuing certification credit for relevant activities they complete in their own institutions.
- **9.** Physicians should be treated as trustworthy colleagues in their pursuit of lifelong learning. This is the basis for permitting diplomates to attest that they have completed required continuing certification activities.
- 10. Physicians need support to implement a meaningful program of lifelong learning. This is the basis for ensuring that meaningful and relevant activities and products exist to meet continuing certification requirements and for assisting diplomates in documenting their lifelong learning activities.

Over the years, the ABPN has made many changes to the content and process of its Continuing Certification Program. These changes have resulted from decisions made by ABPN Directors and from thoughtful suggestions of diplomates and related professional societies. No change has been made, however, that violates the basic tenets underlying the Continuing Certification Program. While the ABPN will likely continue to make relevant changes to its continuing certification requirements as the need to do so becomes clear, care will be taken to ensure that those changes are consistent with its philosophical beliefs about physician competence and lifelong learning. This approach will enable the ABPN to make needed adjustments in continuing certification while preserving the credibility on which the entire program depends.

# **2019 Computer Examination Results**

- The ABPN administered 36 computer-based specialty and subspecialty certification and maintenance of certification (MOC) examinations in 2019. (Most MOC examinations had two forms as well as two administrations.)
- In addition, 31 combined MOC examinations (specialty and specialty, specialty and subspecialty, or multiple subspecialties) were administered to 191 ABPN diplomates, of whom 177 (93%) passed.
- About 5,980 ABPN computer-based examinations were administered at Pearson VUE testing centers.
- The MOC examination in Neurodevelopmental Disabilities was administered to three ABPN examinees and one American Board of Pediatrics examinee.

- The MOC examination in Neuromuscular Medicine was administered to 47 ABPN examinees and seven American Board of Physical Medicine and Rehabilitation examinees.
- Two additional subspecialty examinations and three additional subspecialty MOC examinations were administered by other ABMS boards.
  - The American Board of Anesthesiology administered certification and MOC Pain Medicine examinations.
  - The American Board of Internal Medicine administered certification and MOC Sleep Medicine examinations and the MOC Hospice and Palliative Medicine examination.

Examination Type	Examination	Number Passing	Number of Candidates	Percent Passing
<b>Specialty Certification</b>	Psychiatry	1595	2112	76%
Specialty Certification	Neurology	743	946	79%
<b>Specialty Certification</b>	Child Neurology	132	173	76%
<b>Subspecialty Certification</b>	Child and Adolescent Psychiatry	444	553	80%
<b>Subspecialty Certification</b>	Clinical Neurophysiology	226	256	88%
<b>Subspecialty Certification</b>	Consultation-Liaison Psychiatry	143	165	87%
Subspecialty Certification	Forensic Psychiatry	145	157	92%
Subspecialty Certification	Neurodevelopmental Disabilities	9	9	100%
Subspecialty Certification	Pain Medicine*	18	23	78%
<b>Subspecialty Certification</b>	Sleep Medicine*	74	88	84%
МОС	Psychiatry	564	598	94%
мос	Neurology	245	285	86%
мос	Child Neurology	31	35	89%
мос	Addiction Psychiatry	50	59	85%
мос	Child and Adolescent Psychiatry	119	125	95%
мос	Clinical Neurophysiology (General, EEG, EMG)	144	165	87%
мос	Consultation-Liaison Psychiatry	99	103	96%
мос	Forensic Psychiatry	130	142	92%
мос	Geriatric Psychiatry	49	51	96%
мос	Hospice and Palliative Medicine*	2	3	67%
мос	Neurodevelopmental Disabilities*	4	4	100%
мос	Neuromuscular Medicine*	64	71	90%
мос	Pain Medicine*	14	15	93%
мос	Sleep Medicine*	244	288	85%
мос	Vascular Neurology	137	166	83%

<sup>\*</sup>ABPN only

# **ABPN Certificates Issued**

Specialty / Subspecialty	Certificate First Awarded	Total Lifetime and Time- Limited Certificates Awarded	Estimated Number of Active <i>Lifetime</i> Certificates*	Time-Limited Certificates: First Award Date	Number of Time-Limited Certificates Awarded	Estimated Number (Percent) of Active <i>Time-Limited</i> Certificates**
Psychiatry	1935	64,791	9,547	10/1994	33,277	29,343 (88%)
Neurology	1935	21,457	2,918	10/1994	13,804	12,833 (93%)
Child Neurology	1968	3,001	397	10/1994	2,058	1,952 (95%)
			Subspecialties			
Child and Adolescent Psychiatry	1959	11,353	1,604	1995	7,160	6,631 (93%)
Addiction Psychiatry				1993	2,665	1,164 (44%)
Brain Injury Medicine				2014	162	161 (99%)
Clinical Neurophysiology				1992	3,261	2,086 (64%)
Consultation-Liaison Psychiatry				2005	1,706	1,172 (69%)
Epilepsy				2013	1,846	1,794 (94%)
Forensic Psychiatry				1994	2,532	1,321 (52%)
Geriatric Psychiatry				1991	3,557	1,398 (39%)
Hospice and Palliative Medicine				2008	144	119 (83%)
Neurodevelopmental Disabilities				2001	96	55 (57%)
Neuromuscular Medicine				2008	866	714 (82%)
Pain Medicine				2000	386	251 (65%)
Sleep Medicine				2007	1,654	1,361 (82%)
Vascular Neurology				2005	1,746	1,350 (77%)

<sup>\*</sup>Obtained primary certification between 1985 and September 1994; estimates based on a 35-year career post primary certification

<sup>\*\*</sup>All subspecialties, except for Child and Adolescent Psychiatry, Brain Injury Medicine, Hospice and Palliative Medicine, Pain Medicine, and Sleep Medicine must maintain primary certification.

# **Test Development Committee Names and Members**

The ABPN acknowledges the contributions made by the following test committee members during 2019. Thank you for your valuable input.

### **Addiction Psychiatry**

William Haning, MD, Chair Grace Hennessy, MD, Vice Chair Nicholas Athanasiou, MD James Berry, DO Stuart Gitlow, MD, MPH Brian Hurley, MD

#### Child and Adolescent Psychiatry Certification

Lee Ascherman, MD, Chair Janice Forster, MD, Vice Chair Peter Daniolos, MD Amanda Elliott, DO Ellen Heyneman, MD Nathaniel Kouns, MD Clinton Martin, MD Adair Parr, MD Sandra Rackley, MD Kenneth Rogers, MD David Schonfeld, MD \*

### Child and Adolescent Psychiatry Maintenance of Certification

Jeffrey Hunt, MD, Chair Robert Harper, MD, Vice Chair Irena Bukelis, MD James Cullinan, DO Terry Lee, MD Alvin Lewis, MD Roberto Ortiz-Aguayo, MD

# Child Neurology Maintenance of Certification

John Bodensteiner, MD, Chair Nina Schor, MD, PhD, Vice Chair Amy Brooks-Kayal, MD Debra Byler, MD Kara Lewis, MD Jonathan Mink, MD, PhD Rana Said, MD Shannon Standridge, DO Ann Tilton, MD

# Clinical Neurophysiology

Imran Ali, MD, Chair John Kincaid, MD, Vice Chair Jasvinder Chawla, MD Aatif Husain, MD Ioannis Karakis, MD Adriana Palade, MD Mark Quigg, MD, MSc Devon Rubin, MD Linda Selwa, MD Jinny Tavee, MD

# **Consultation-Liaison Psychiatry**

Robert Boland, MD, Chair Steven Epstein, MD, Vice Chair Madeleine Becker, MD Catherine Crone, MD Paul Desan, MD, PhD Terry Rabinowitz, MD Lisa Rosenthal, MD Marie Tobin, MD Christina Wichman, DO

# **Epilepsy**

Patricia Crumrine, MD, Chair Amy Brooks-Kayal, MD, Vice Chair Ritu Bagla, MD David Dunn, MD Alica Goldman, MD, PhD Andres Kanner, MD Alison Pack, MD, MPH Jerry Shih, MD Alexandra Urban, MD

### **Forensic Psychiatry**

Jeffrey Metzner, MD, Chair Jeffrey Janofsky, MD, Vice Chair Liza Gold, MD Martin Guerrero, MD Annette Hanson, MD Donald Meyer, MD Raymond Patterson, MD Andrea Stolar, MD

### **Geriatric Psychiatry**

Josepha Cheong, MD, Chair Elizabeth Santos, MD, Vice Chair Jordan Karp, MD Cindy Marshall, MD Dinesh Mittal, MD Shilpa Srinivasan, MD Uma Suryadevara, MD John Tran, MD Ipsit Vahia, MD

# International Exam Committee - US

Josepha Cheong, MD, Chair Beth Ann Brooks, MD, MSA Jasvinder Chawla, MD George Keepers, MD Gail Manos, MD James Shore, MD Alan Teo, MD

### Maintenance of Certification Pilot Project- Child and Adolescent Psychiatry

Christopher Thomas, MD, Chair Paramjit Joshi, MD, Vice Chair Valerie Arnold, MD Irena Bukelis, MD Regina Bussing, MD Linda Drozdowicz, MD Robert Harper, MD Thomas Matthews, MD Cynthia Santos, MD Oliver Stroeh, MD Eric Williams, MD

### Maintenance of Certification Pilot Project- Child Neurology

Nina Schor, MD, PhD, Chair
Amy Brooks-Kayal, MD, Vice Chair
Elizabeth Bebin, MD
Joanna Blackburn, MD
Keith Coffman, MD
Patricia Crumrine, MD
Lisa Emrick, MD
Anthony Fine, MD
Cary Fu, MD
Lenora Lehwald, MD
Timothy Lotze, MD

### Maintenance of Certification Pilot Project- Neurology

Steven Lewis, MD, Chair Imran Ali, MD, Vice Chair Zubair Ahmed, MD Sarah Benish, MD Terrence Cascino, MD Barry Czeisler, MD Julie Hammack, MD MaryAnn Mays, MD Gauri Pawar, MD James Roberts, MD Nicholas Silvestri. MD

### Maintenance of Certification Pilot Project- Psychiatry

Joan Anzia, MD, Chair Robert Boland, MD, Vice Chair Rashi Aggarwal, MD Timothy Dellenbaugh, MD Benoit Dubé, MD Marc Ettensohn, MD Ray Hsiao, MD John Kinzie, MD, PhD Margo Lauterbach, MD Martin Leamon, MD Arthur Walaszek, MD

# **Neurocritical Care Committee**

Alejandro Rabinstein, MD, Chair Vineeta Singh, MD, Vice Chair Thomas Bleck, MD Jordan Bonomo, MD\*\*\*\* Andrew Carlson, MD\*\*\*\* Brenda Fahy, MD\*\*\* Samuel Galvagno, DO\*\*\* Jesse Hemphill, MD Evadne Marcolini, MD\*\*\*\* Soojin Park, MD James Riviello, MD Jose Suarez, MD Alex Valadka, MD\*\*\*\*\*

# **Neurodevelopmental Disabilities**

Bruce Shapiro, MD, Chair \*
John Bodensteiner, MD, Vice Chair
Peter Blasco, MD \*
Keith Coffman, MD
Sandra Friedman, MD, MPH \*
Amy Newmeyer, MD \*
Max Wiznitzer, MD

#### Neurology Maintenance of Certification

Allison Brashear, MD, Chair Imran Ali, MD, Vice Chair Zeina Chemali, MD, MPH Karen Furie, MD Lisa Hobson-Webb, MD Aatif Husain, MD Ann Killoran, MD Emily Pharr, MD Vineeta Singh, MD Christopher Skidmore, MD Andrew Southerland, MD, MSc Amaal Starling, MD

# General Neurology (Neurology Part A)

Jerry Goodman, MD, Chair Terrence Cascino, MD, Vice Chair Dane Chetkovich, MD, PhD Nestor Galvez-Jimenez, MD, MS Deborah Hall, MD, PhD Benn Smith, MD

## Behavioral Neurology, Cognition, and Psychiatry (Neurology Part B)

Steven Lewis, MD, Chair Michael Jaffee, MD, Vice Chair Anna Barrett, MD Daniel Fallon, MD Julie Fudge, MD

# Clinical Neurology Adult (Neurology Part C)

Robert Pascuzzi, MD, Chair Allison Brashear, MD, Vice Chair Kerry Levin, MD, Vice Chair José Biller, MD Stephen Conway, MD Jaison Grimes, MD Sara Hocker, MD Jonathan Howard. MD

### Clinical Neurology Child (Neurology Part C)

John Bodensteiner, MD, Chair Nina Schor, MD, PhD, Vice Chair Tonya Balmakund, MD Andrea Gropman, MD Karen Keough, MD John Mantovani, MD Phillip Pearl, MD

# **Neuromuscular Medicine**

Janice Massey, MD, Chair Laurie Gutmann, MD, Vice Chair William David, MD, PhD Janak Doshi, MD \*\* Shawn Jorgensen, MD \*\* Noor Pirzada, MD Lawrence Robinson, MD \*\* John Sladky, MD Jayashri Srinivasan, MD, PhD Gil Wolfe, MD

### Professionalism

Christopher Thomas, MD, Chair Nina Schor, MD, PhD, Vice Chair Joan Anzia, MD Patricia Crumrine, MD Andrea Leep Hunderfund, MD Kayla Pope, MD Deepak Prabhakar, MD, MPH Michele Reid, MD Laura Roberts, MD Madhu Soni, MD

# Psychiatry Maintenance of Certification

Paramjit Joshi, MD, Chair Robert Ronis, MD, MPH, Vice Chair Peter Buckley, MD Maria Caserta, MD, PhD Brian Fuehrlein, MD Pleas Geyer, MD Rita Hargrave, MD Jeanne Lackamp, MD Stephen Noffsinger, MD Kenneth Rogers, MD Andrea Stolar, MD Marcia Verduin, MD Matthew Warren. MD

# General Psychiatry (Psychiatry Part A)

Joan Anzia, MD, Chair Charlotte Ladd, MD, PhD Kenan Penaskovic, MD Dawnelle Schatte, MD Roomana Sheikh, MD Andrea Stolar, MD

### Basic Neurology and Neuroscience (Psychiatry Part B)

Robert Boland, MD, Chair Sepideh Bajestan, MD Amelia Dubovsky, MD Jordan Eisenstock, MD Ashley Holland, DO David Kroll, MD David Spencer, MD

# Clinical Psychiatry (Psychiatry Part C)

Jeffrey Lyness, MD, Chair Christopher Cargile, MD Josepha Cheong, MD Crystal Clark, MD, MsC Anne Gross, MD Jerry Halverson, MD Robert Pary, MD Roman Rodriguez, MD Lisa Valentine, MD Mitzi Wasserstein, MD

# Vascular Neurology

José Biller, MD, Chair Steven Lewis, MD, Vice Chair Michael De Georgia, MD Bart Demaerschalk, MD, FRCPC Megan Leary, MD Enrique Leira, MD, MS David Liebeskind, MD Natalia Rost, MD Fernando Testai, MD, PhD

- \* Diplomate of the American Board of Pediatrics
- \*\* Diplomate of the American Board of Physical Medicine and Rehabilitation
- \*\*\* Diplomate of the American Board of Anesthesiology \*\*\*\* Diplomate of the American Board of Emergency Medicine \*\*\*\* Diplomate of American Board of Neurological Surgery

# Ambassadors Communicate Continuing Certification Messages to Specialty and Subspecialty Groups

The ABPN CC/MOC Ambassador Program was developed in 2011 in anticipation of launching the Continuing Certification (CC)/MOC Program in 2012. With this program, trained volunteer diplomates communicate a consistent positive message about lifelong learning and maintenance of certification to our diplomates via presentations for professional organizations, group practice settings and other groups. Our goal is to work together with the CC/MOC Ambassadors to continue to keep the field informed about ABPN policies and programs.

Thank you to the following psychiatrists and neurologists:

# Psychiatry Ambassadors:

Carol A. Bernstein, MD
James Boehnlein, MD
Melissa Buboltz, MD
Carlyle Chan, MD
Kristen Dunaway MD
Steven Epstein, MD
Richard Frierson, MD
Rita Hargrave, MD
Christopher Lange, MD
Mary Lu, MD

Barbara Lubrano Di Ciccone, MD

Gail Manos, MD

Annette Matthews, MD

Elinore McCance-Katz, MD, PhD

Aida Mihajlovic, MD Sahana Misra, MD

Jonathan Morris, MD, MPH

Sandra Sexson, MD

G. Richard Smith, Jr., MD

Susan Stagno, MD

Marcia Verduin, MD

Arthur Walaszek, MD

Mitzi Wasserstein, MD

Linda Worley, MD

# Neurology Ambassadors:

Harold Adams, Jr., MD José Biller, MD Stephen Conway, MD Patricia Crumrine, MD Charles Flippen, II, MD Nestor Galvez-Jimenez, MD Linda Hershey, MD Aatif Husain, MD Michael Johnston, MD John Kincaid, MD Brett Kissela, MD Robert Pascuzzi, MD Marc Patterson, MD, MBBS Philip Pearl, MD Patricia Penovich, MD Alan Percy, MD Mark Ross, MD Benn Smith, MD William Theodore, MD

# Advisory Committee Provides Input on Continuing Certification Program Enhancements

The Continuing Certification (CC)/MOC Clinical Advisory Committee was developed at the end of 2015 to provide physician feedback and contributions towards potential improvements to the ABPN CC/MOC Program. The American Psychiatry Association and the American Academy of Neurology were solicited for names of committee volunteers. The group consists of practicing board certified psychiatrists and neurologists who provide input on how CC/MOC impacts their practice and potentially improves patient care.

Thank you to the following psychiatrists and neurologists:

# **Psychiatry**

Valerie Arnold, MD

J. Robert Batterson, MD

Lama Bazzi, MD

L. Russell Pet, MD

# **Neurology**

Charlene Gamaldo, MD

Elaine Jones, MD

Eddie Patton, MD

Michael Rosenbloom, MD

# **New Board Members**

At the end of 2019, ABPN welcomed two new board members who began their terms in 2020.



# Sheldon Benjamin, MD, Worcester, MA

Dr. Benjamin is Professor of Psychiatry and Neurology, Director of Psychiatric Education and Training, Director of Neuropsychiatry, and Interim Chair of Psychiatry at University of Massachusetts Medical School. As an ABPN Director, Dr. Benjamin serves on the Psychiatry Council, and as Vice Chair of the Research Award Committee. In addition, he serves on the Committees for Alternative Pathways Oversight, Communications, and Credentials-Psychiatry, and is a liaison to the AACDP. He also serves on the Certification Examination Combined-Basic Neurology and Neuroscience Subcommittee. Dr. Benjamin is a past president of the ANPA and AADPRT, a Distinguished Life Fellow of the APA, and a fellow of ANPA and the AAN. He serves as the AADPRT representative on the Governance Committee of the journal *Academic Psychiatry* and co-chairs the ANPA Training Taskforce. Dr. Benjamin is a graduate of the University of Cincinnati College of Medicine, the Tufts-New England Medical Center Psychiatry Residency, the Boston University Neurology Residency, and the Boston VA Behavioral Neurology Fellowship Program. He is certified in both Psychiatry and Neurology by the ABPN and in Behavioral Neurology & Neuropsychiatry by the UCNS.



# Jaffar Khan, MD, Atlanta, GA

Dr. Khan is Professor and Vice Chair for Education in the Department of Neurology at the Emory School of Medicine. He is an Assistant Dean for UME and GME. As an ABPN Director, Dr. Khan serves on the Neurology Council and as Chair of the Continuing Certification Article Assessment Committee-Vascular Neurology. In addition, Dr. Khan serves on the Communications, Core Competencies, Faculty Fellowship in Education Award, and Strategic Planning Committees and the Certification Examination Combined -- Behavioral Neurology, Cognition and Psychiatry Subcommittee. Dr. Khan is a Fellow of the AAN and has served numerous professional organizations, including Chair of the Consortium of Neurology Program Directors, AAN Education Committee, Chair of the Graduate Education Subcommittee, and Chair of the ACGME Neurology Review Committee.

# **Retiring Board Member**

One ABPN board member retired at the end of 2019 after 8 years of service. The ABPN thanks Dr. Golden for his commitment and contributions to the Board.



# Robert N. Golden, MD, Madison, WI

Dr. Golden is Dean of the School of Medicine and Public Health, Vice Chancellor for Medical Affairs, Robert Turrell Professor in Medical Leadership, and Professor of Psychiatry at the University of Wisconsin-Madison. He served as Chair of the Department of Psychiatry at the University of North Carolina School of Medicine for 11 years, prior to accepting his current position. As an ABPN Director, Dr. Golden served as Board Vice Chair, Chair of the Psychiatry Council and as Chair of the Appeals Review-Psychiatry, Research and Development, Faculty Innovation in Education Award, and Research Award Committees. Dr. Golden was Vice Chair of the Finance and Investment Committees. He also served on the Bylaws, Nomination for Year 2020 Officers, Communications, Irregular Behavior, and Strategic Planning Committees. In 2019, he was elected Chair of the Board of Directors of the Association of Academic Health Centers (AAHC). Dr. Golden most recently served as President of the American College of Psychiatrists. He is a Distinguished Fellow of the APA and a Fellow of the ACP, ACNP, and CINP.

# Serving as a Director of the ABPN: Personal Reflections

By Robert N. Golden, MD

When I became dean of the School of Medicine and Public Health at the University of Wisconsin-Madison, I recognized the need to cut back on my involvement in national organizations in order to embrace the challenges of my new position. I applied a few criteria as I considered the options: 1) an organization's values and focus; 2) the opportunity to make a difference in a meaningful area; 3) the strength of the leadership and membership.

Service as a director of the ABPN during the past 8 years wildly exceeded my hope that these criteria would be satisfied. It has been a great honor to contribute to the advancement of the ABPN's mission. In this epoch of increasing demands on busy clinicians and growing pressures from third parties, the ABPN's focus on continuous innovations in providing credible, meaningful, and efficient assessment of clinical competence is invaluable. I was extremely fortunate to have the opportunity to lead the development of two new ABPN programs in areas that are close to my heart: research and education. The Faculty Innovation in Education Award and the Research Award programs reflect

the ABPN's commitment to "give back" to the fields of neurology and psychiatry and to the patients whom we serve, by supporting creative ways of advancing the science and practice of clinical education and assessment.

The greatest pleasure in serving as an ABPN director has been the relationships with remarkable people. Larry Faulkner brings to his role of President and CEO a heartfelt commitment to excellence, coupled with innate wisdom, dedication, and warmth. I will always cherish the friendships that have blossomed over the years with the wonderful group of neurologists and psychiatrists on the ABPN board and several committees. As with any effective organization, the staff create a culture of service, dedication, and collegiality.

While predicting the future is always risky business, I am confident that the ABPN will continue to excel in its relentless pursuit of increasingly meaningful, effective, and efficient procedures for determining certification and maintenance of certification in psychiatry and neurology.

# ABPN Administrative Fellowship: A Personal Reflection



By Justin R. Abbatemarco, MD, Neuroimmunology Fellow, Mellen Center for Multiple Sclerosis Treatment and Research, Neurological Institute at the Cleveland Clinic, Cleveland, OH

I was sitting at home late one evening when I received an unusual page from my chairman asking me to discuss a matter over the phone. Given that a late-night page from the chairman was either terrific or terrible news without much in-between, my entire residency flashed before my eyes. Fortunately, he quickly put me at ease when he explained that he was nominating me for an intensive, three-month, administrative fellowship with the ABPN.

I must admit that prior to this nomination I was not very familiar with the ABPN. I knew the ABPN administered our initial certification examination but not much else. During my research, I learned the ABPN has no members and is primarily responsible to the public. I found the focus on patients to be a particularly restoring sentiment given all the barriers recently placed between physicians and patients.

The opportunity to spend time with our psychiatry colleagues was one of the most informative aspects of the ABPN fellowship. There is much to learn between our specialties and opportunities to more effectively bridge the disciplines. For example, during the AADPRT annual meeting, I learned how psychiatry manages Clinical Skill Evaluations (CSEs). It was fascinating to hear how some psychiatry residencies set up their CSE programs, train faculty members, and approach resident feedback. This experience inspired my interest in a scholarly activity on CSEs. I surveyed both neurology and psychiatry PDs and found there was a strong enthusiasm for CSEs as they captured the essence of the physician-patient relationship. We did learn that psychiatry programs seem to have more infrastructure for CSEs when compared to their neurology counterparts. For example, less than a quarter of neurology PDs offered CSE faculty training whereas a little over half of the psychiatry programs did so. Fortunately, most PDs are interested in a faculty development course to ensure a standardized CSE testing process at their institution.

During the national meetings, I humbly observed prominent neurologists discuss contentious issues with sincerity and humor. It was fascinating to watch these governing organizations deliberate on a wide range of topics while balancing the competing interest of physicians, the larger medical community, and the public. Dr. Faulkner opened the meeting with the AAN by stating "We don't agree on everything but we agree to work together." He demonstrated that a candid, amicable approach can bridge divergent entities and help tackle the crucial issues in neurology.

Dr. Alexis Cohen-Oram, a graduate from the ABPN administrative fellowship, best described the position as a "senior leadership boot camp" and added that "fellowships like the ABPN's are a welcome addition to resident leadership training."1 This was accomplished through one-on-one mentorship with Dr. Faulkner, reading a collection of personal/professional development literature, and attending meetings with ABPN executive staff. One particular quote from my readings was written in 1972 and I thought it cleverly defined the role of an administrative physician. Dr. William Reese, who was then Chair of the Department of Psychiatry at the University of Arkansas, wrote that an administrator "is usually a servant to some, master to others, and peer to many... but he will not succeed unless he is a leader who earns and reciprocates confidence and respect."2 Dr. Faulkner and many other leaders in neurology and psychiatry emulated that message, and I will strive to meet that expectation throughout my career.

Residency does not accommodate space to reflect on personal and professional development but rather is an arduous journey with the sole purpose to produce a competent physician. I do not think I am unique in my initial unawareness of professional medical societies and their importance. Through my ABPN administrative fellowship, I came to appreciate the numerous governing bodies coordinating their efforts to keep neurology and psychiatry relevant in an ever-changing landscape. If trainees become more aware of the structure and function of these physician led organizations it may improve their ability to practice more effectively in the future.

# References

- Cohen-Oram A. Resident Reflections on an American Board of Psychiatry and Neurology Administrative Fellowship. *Acad Psychiatry* 2016;40(5):841-3. doi: 10.1007/s40596-016-0568-1
- 2. Reese WG. An essay on administration. *Am J Psychiatry* 1972;128(10):1249-56. doi: 10.1176/ajp.128.10.1249 [published Online First: 1972/04/01]

# ABPN Administrative Fellowship: A Window into the Anatomy of our Profession



By Aaron Wolfgang, MD, Psychiatry Resident, Department of Behavioral Health, Tripler Army Medical Center, Honolulu, HI. The views expressed in this publication are those of the author and do no reflect the official policy or position of the Department of the Army, Department of Defense, or the US government.

The wide range of experiences throughout the ABPN Senior Resident Administrative Fellowship granted a remarkable window into the inner workings of our profession from a diversity of perspectives unmatched by any other experience I could have imagined as a resident.

In addition to the depth of understanding I gained about the ABPN and its mission through my frequent discussions with Dr. Faulkner and ABPN staff, I was also afforded a breadth of perspectives from the interactions and relationships I was able to build with leaders of the APA, AAN, ABMS, ACGME, AAMC, and other national organizations. Highlights included an array of executive meetings, board meetings, and conferences as well as days spent with senior leadership of the APA and AAN at their respective headquarters.

The sum total of these experiences curated across this fellowship amounted to a 3-month master class both in the content of promoting the standards of our profession and in the process of organizational leadership and meticulous decision-making that has a palpable impact across the practice of psychiatry and neurology.

However, the most rewarding and memorable aspect of this fellowship undoubtedly was the individual time spent learning directly from Dr. Faulkner who stood at the helm of this master class. The unprecedented level of individual mentorship and guidance by a giant in our field has proven to be immensely formative in cultivating my enthusiasm to help sustain the health of our profession on a national level.

For this uniquely enriching and enlightening experience, I am forever grateful to Dr. Faulkner, the ABPN staff, and everyone I have met across the nation through this fellowship who have all made this wonderful experience one that I will never forget.

# **Awards and Honors**

Current and former members of the ABPN Board of Directors received several awards in 2019.

Amy R. Brooks-Kayal, M.D., FAES, FANA, FAAN, ABPN director, was presented with the 2019 Founders Award by the American Epilepsy Society (AES). Dr. Brooks-Kayal was also selected as the University of Rochester Sara Hertafeld Memorial Lecturer and The Epilepsy Melbourne Invited Moderator and Plenary Lecturer (Melbourne, Australia) in 2019.

**Ludwig Gutmann, MD, FAAN**, emeritus director, was presented the Award for Creative Expression of Human Values in Neurology by the American Academy of Neurology (AAN).

**Edgar J. Kenton III, MD, FAAN, FAHA**, emeritus director, was presented posthumously the American Brain Foundation Board Chair's Award by the American Academy of Neurology (AAN).

**Steven L. Lewis, MD, FAAN**, ABPN director, was the recipient of the 2019 A.B. Baker Award for Lifetime Achievement in Neurologic Education from the American Academy of Neurology (AAN).

**Jeffrey M. Lyness, MD**, ABPN director, received the Herbert W. Mapstone Prize for Excellence in Second-Year Teaching from the medical student class of 2021 at the University of Rochester School of Medicine and Dentistry.

# 2019 Publications

ABPN staff and Board members contributed to several publications that were published in 2019.

Juul, D; Lyness, JM; Thomas, CR; Faulkner, LR. Primary Care and Neurology in Psychiatry Residency Training: A Survey of Early Career Psychiatrists. *Academic Psychiatry*, 2019:43:51-55.

Downing, SM; Juul, D; Park, YS. Statistics of Testing. In Yudkowsky, R; Park, YS; Downing, SM (Eds.). *Assessment in Health Professions Education*, 2nd Ed. New York, NY: Routledge, 2019.

Juul, D; Yudkowsky, R; Tekian, A. Oral Examinations. In Yudkowsky, R; Park, YS; Downing, SM (Eds.). *Assessment in Health Professions Education*, 2nd Ed. New York, NY: Routledge, 2019.

Schor, NF; Brashear, A. Saving Neurology: Once More with Feeling. *Neurology*, E-pub 2019: 93(23):989-990.

# 2019 Presentations

Throughout 2019, ABPN Directors, emeritus directors, MOC ambassadors, staff and others contributed their knowledge of both the psychiatry and neurology specialties and subspecialties and the importance of initial and continuing certification through engaging in presentations to various groups.

## **February**

Update on the ABPN, presented by L. Faulkner, American Association of Directors of Psychiatric Residency Training Annual Meeting, San Diego, CA.

# March

ABPN Continuing Certification Update, presented by J. Cheong, American Association of Geriatric Psychiatrists, Atlanta, GA.

### **April**

Current Status and Selected Future Challenges for the ABPN, presented by L. Faulkner, ABPN Crucial Issues Forum on the Future Directions for the ABPN, Deerfield, IL.

Redesigning the Score Reports for the American Board of Psychiatry and Neurology's Certification Examination, paper presented by D. Juul at American Educational Research Association Annual Meeting, Toronto, ON, Canada.

# May

ABPN Continuing Certification Update, presented by J. Anzia and C. Thomas, American Psychiatric Association Annual Meeting, San Francisco, CA.

ABPN Continuing Certification Update, presented by J. Bodensteiner, Mayo Clinic Neurology Residents, Scottsdale, AZ.

ABPN Continuing Certification Update, presented by J.C. Goodman, American Academy of Neurology Annual Meeting, Philadelphia, PA.

ABPN Subspecialty Certification in NCC, presented by L. Faulkner, AAN CC Section Meeting, Philadelphia, PA.

The Past, Present and Future of Clinical Neurophysiology Fellowship: A Survey of Program Directors, poster presented by K. Colletta, D. Juul and L. Faulkner, American Academy of Neurology Annual Meeting, Philadelphia, PA.

Subspecialization in Clinical Neurophysiology: A Twenty-Five Year Retrospective, paper presented by D. Juul, K. Levin, L. Gutmann, K. Colletta and L. Faulkner, American Academy of Neurology Annual Meeting, Philadelphia, PA.

Survey of Early Career Neurologists and Child Neurologists about Psychiatry During Residency Training, poster presented by D. Juul and L. Faulkner, American Psychiatric Association Annual Meeting, San Francisco, CA.

Update on the ABPN, presented by L. Faulkner, Consortium of Neurology Program Directors, Philadelphia, PA.

### June

ABPN Continuing Certification Update, presented by S. Lewis, Lehigh Valley Health Network-Neurology Grand Rounds, Allentown, PA.

ABPN Continuing Certification Update, presented by S. Lewis, NorthShore University Health System, Evanston, IL.

### July

1980-1990 at OSHU Department of Psychiatry: The Golden Years of My Academic Career, presented by L. Faulkner, 60th Anniversary Celebration for the OSHU Department of Psychiatry, Portland, OR.

## October

ABPN Continuing Certification Update, presented by I. Ali, American Neurology Association Annual Meeting, St. Louis, MO.

ABPN Continuing Certification Update, presented by R. Jósefowicz, American Academy of Neurology Fall Conference, Las Vegas, NV.

ABPN Continuing Certification Update, presented by P. Joshi, American Academy of Child and Adolescent Psychiatry Annual Meeting, Chicago, IL.

ABPN Continuing Certification Update, presented by A. Walaszek, Alabama Psychiatric Physicians Association, Birmingham, AL.

Personal Reflections on Physician Competence and Life-Long Learning, presented by L. Faulkner, Grand Rounds, Department of Neurology, University of Iowa School of Medicine, Iowa City, IA.

## November

The ABPN Continuing Certification Program: Current Status and Future Directions, presented by L. Faulkner, Psychiatry Grand Rounds, SUNY-Buffalo, Buffalo, NY.

## **December**

Neurocritical Care Physicians: Survey of Training Experience and ABPN Certification, poster presented by A. Kapadia, D. Juul, P. Vondrak, and L. Faulkner, Neurocritical Care Society Annual Meeting, Vancouver, BC, Canada.

# ABPN Participation in American Board of Medical Specialties Committees and Groups

The ABPN continues its active involvement with the ABMS. The following ABPN directors, emeritus directors, and staff served on ABMS committees and other groups in 2019:

Joan M. Anzia, MD: Committee on Continuing Certification

**Larry R. Faulkner, MD:** ABMS Board of Directors; Member, Board Executive Caucus; Task Force to Review Continuing Certification Programs for Co-Sponsored Certificates

Jeffrey M. Lyness, MD: Health Policy and Strategy Committee

Barbara S. Schneidman, MD, MPH: Awards Committee

**Christopher R. Thomas, MD:** Ethics and Professionalism Committee; Professionalism Task Force

# **ABPN Staff:**

Jessica Rogers: ProNet

Catherine Szmurlo: ComNet

Patricia Vondrak: MOCNet and TechNet

# **Professional Society Meeting Participation**

The ABPN values the importance of attending meetings of our professional society partners and participating with display tables or booths, in order to meet with and answer questions from our candidates and diplomates. The following organizations were included in the 2019 schedule:

- · Academy of Consultation-Liaison Psychiatry
- · American Academy of Child and Adolescent Psychiatry
- · American Academy of Neurology
- American Association of Directors of Psychiatric Residency Training
- · American Association of Geriatric Psychiatry
- American Clinical Neurophysiology Society
- American Epilepsy Society
- · American Psychiatric Association
- · Child Neurology Society
- Neurocritical Care Society

# **Our Mission**

The mission of the ABPN is to promote and assess the competence of psychiatrists and neurologists by:

- Establishing requirements for initial and continuing certification;
- Implementing state-of-the-art testing methods to evaluate candidate and diplomate competencies;
- · Promoting and assessing diplomate involvement in lifelong learning;
- Applying available technologies and information to collect and analyze pertinent data;
- Communicating and collaborating with training programs, residents, candidates, diplomates, professional and health care organizations, and the public;
- Supporting innovative educational and research programs relevant to psychiatrists and neurologists; and
- Operating internal programs and services effectively and efficiently.

# Statement on Professionalism

Professionalism forms the basis of medicine's contract with society. The ABPN is concerned with those aspects of professionalism that are demonstrated through: a physician's clinical competence, commitment to lifelong learning and professional improvement, interpersonal skills, and ethical understanding and behavior. In its credentialing, certification, and MOC programs, the ABPN seeks to assess and document that its candidates and diplomates possess and maintain these essential aspects of professionalism.



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